



MA, Counselor Education, December 2004

- Advisor: Markus P. Bidell, PhD
- Area of Study: Community/Agency Counseling

BA, University Studies, June 2002

PUBLICATIONS [Citations (since 2011) = **2440**; *h*-index = **16**; *i10*-index = **26**]

43. Hoyt, W. T. & **Del Re, A. C.** (2018). Issues Related to Effect Size Calculation in Meta-Analyses of Psychotherapy Outcome. *Psychotherapy Research*.
42. Flückiger, C., **Del Re, A. C.**, Wampold, B. E. & Horvath, A. O. (2018). The alliance. In J. C. Norcross' *Psychotherapy relationships that work*. New York, NY: Oxford University Press.
41. Flückiger, C., **Del Re, A. C.**, Wampold, B. E. & Horvath, A. O. (2018). The working alliance in psychotherapy *Psychotherapy Research*.
40. Taylor, J., Carr-Lopez, S., Robinson, A., Malmstrom, R., Duncan, K., Maniar, A., **Del Re, A. C.** & Carmichael, J. M. (2017). Determinants of treatment eligibility in veterans with hepatitis C viral infection. *Clinical therapeutics*, 39(1), 130-137.
39. Wampold, B. E., Flückiger, C., **Del Re, A. C.**, Yulish, N. E., Frost, N. D., Pace, B. T. & Hilsenroth, M. J. (2017). In pursuit of truth: A critical examination of meta-analyses of cognitive behavior therapy. *Psychotherapy Research*, 27(1), 14-32.
38. Baldwin, S. A. & **Del Re, A. C.** (2016). Open Access Meta-Analysis for Psychotherapy Research. *Journal of Counseling Psychology*, 63(3), 249.
37. Flückiger, C. & **Del Re, A. C.** (2016). The sleeper effect between psychotherapy orientations: a strategic argument of sustainability of treatment effects at follow-up. *Epidemiology and Psychiatric Sciences*. doi:10.1017/S2045796016000780
36. **Del Re, A. C.** & Flückiger, C. (2016). Meta-analysis. In Norcross, John C. (Ed); VandenBos, Gary R. (Ed); Freedheim, Donald K. (Ed); Olatunji, Bunmi O. (Ed), *APA handbook of clinical psychology: Theory and research* (Vol. 2). APA handbooks in psychology., (pp. 479-491). Washington, DC: American Psychological Association APA, xii, 525 pp. doi:10.1037/14773-022

35. Brennan, P. L., **Del Re, A. C.**, Henderson, P. T., & Trafton, J. A. (2016). Healthcare system-wide implementation of opioid-safety guideline recommendations: the case of urine drug screening and opioid-patient suicide-and overdose-related events in the Veterans Health Administration. *Translational Behavioral Medicine*, 1-8.
34. Flückiger, C., **Del Re, A. C.** & Wampold, B. E. (2016). The Sleeper Effect: Artifact or Phenomenon—A brief comment on "Are the Parts as Good as the Whole? A Meta-Analysis of Component Treatment Studies (Bell, Marcus & Goodlad, 2015)". *Journal of Consulting and Clinical Psychology*. doi:10.1037/a0037220
33. **Del Re, A. C.** (2015). A Practical Tutorial on Meta-analysis in R. *The Quantitative Methods for Psychology*, 11(1), 37-50.
32. Flückiger, C., Horvath, A. O., **Del Re, A. C.**, & Symonds, D. (2015). Wie wichtig ist die Arbeitsallianz in der Psychotherapie? Eine meta analytische übersicht.
31. **Del Re, A. C.**, Frayne, S. M. & Harris, A.H.S. (2014). Anti-obesity Medication Use Across the Veterans Health Administration: Patient-level Predictors of Receipt. *Obesity*. doi:10.1002/oby.20810
30. Harris, A.H.S., Bowe, T., **Del Re, A. C.**, Finlay, A.K., Oliva, E., Rubinsky, A. (2014). Quasi-Experimental Effects of Extended Release Naltrexone in US Veteran Health Administration Patients with Alcohol Use Disorders. *ACER*
29. Flückiger, C., Holtforth, M. G., **Del Re, A. C.** & Lutz, W. (2014). Exploration von Resilienzen und Ressourcen bei Veränderungssprüngen. *Persönlichkeitsstörungen*.
28. Flückiger, C., **Del Re, A. C.**, Munder, T., Heer, S. & Wampold, B. E. (2014). Enduring effects of evidence-based psychotherapies in depression and anxiety versus treatment as usual at follow-up: A longitudinal meta-analysis. *Clinical Psychology Review*, 34, 367-375. doi:10.1016/j.cpr.2014.05.001
27. Goldberg, S. B., **Del Re, A. C.**, Hoyt, W. T. & Davis, J. M. (2014), The secret ingredient in mindfulness interventions? A case for practice quality over quantity. *Journal of Counseling Psychology*.
26. Blodgett, J. C., **Del Re, A. C.**, Maisel, N. C. & Finney, J. W. (2014). A meta-analysis of topiramate for alcohol use disorders. *ACER*.

25. **Del Re, A. C.**, Maciejewski, M. & Harris, A.H.S. (2013). MOVE! Weight Management Program Across the Veterans Health Administration: Patient- and Facility-level Predictors of Utilization. *BMC Health Services Research*. doi:10.1186/1472-6963-13-511
24. **Del Re, A. C.**, Spielman, G. I., Flückiger, C. & Wampold, B. E. (2013). Efficacy of New Generation Antidepressants: Differences seem Illusory. *PLoS ONE* 8(6): e63509. doi:10.1371/journal.pone.0063509
23. **Del Re, A. C.**, Maisel, N. C., Blodgett, J. C. & Finney, J. W. (2013). Intention-to-Treat Analyses and Missing Data Approaches in Pharmacotherapy Trials for Alcohol Use Disorders. *BMJ Open*.
22. **Del Re, A. C.**, Maisel, N. C., Blodgett, J. C. & Finney, J. W. (2013). The declining efficacy of naltrexone pharmacotherapy for alcohol use disorders over time: A multivariate meta-analysis. *Alcoholism: Clinical and Experimental Research*. doi:10.1111/acer.12067
21. **Del Re, A. C.**, Gordon, A. J., Lembke, A. & Harris, A.H.S. (2013). Utilization of Topiramate to Treat Alcohol Use Disorders in the Veterans Health Administration *Addiction Science & Clinical Practice*. doi:10.1186/1940-0640-8-12
20. **Del Re, A. C.**, Maisel, N. C., Blodgett, J. C., Wilbourne, P. & Finney, J. W. (2013). Placebo group improvement in trials of pharmacotherapies for alcohol use disorders: A multivariate meta-analysis examining change over time. *Journal of Clinical Psychopharmacology*. doi:10.1097/JCP.0b013e3182983e73
19. Babson, K. A., **Del Re, A. C.**, Bonn-Miller, M. & Woodward, S. (2013). The Comorbidity of Sleep Apnea and Mood, Anxiety, and Substance Use Disorders among Obese Military Veterans within the Veterans Health Administration. *Journal of Clinical Sleep Medicine*.
18. Flückiger, C., **Del Re, A. C.**, Horvath, A. O., Symonds, D., Ackert, M. & Wampold, B. E. (2013). Substance Use Disorders and Racial/Ethnic Minorities Matter: A Meta-Analytic Examination of the Relation Between Alliance and Outcome. *Journal of Counseling Psychology*, 60, 610-616. doi:10.1037/a0033161
17. Panos, S. E., **Del Re, A. C.**, Thames A. D., Arentsen, T., Patel, S., Castellon, S. A., Singer, E. J. & Hinkin, C. H. (2013). The impact of neurobehavioral features on medication adherence in HIV: Evidence from longitudinal models. *AIDS Care: Psychological and Socio-medical Aspects of AIDS/HIV*. doi:10.1080/09540121.2013.802275

16. Budge, S.L., Moore, J.T., **Del Re, A. C.**, Nienhaus, J.B., Baardseth, T.P. & Wampold, B.E. (2013). The effectiveness of treatments for personality disorders: A meta-analysis of direct comparisons.
15. Flückiger, C., Holtforth, M. G., **Del Re, A. C.** & Lutz, W.(2013). Working along sudden gains - Responsiveness on small and subtle early changes and exceptions. *Psychotherapy*.
14. Panos, S. E., Hinkin, C. H., Singer, E. J., Thames, A. D., Patel S., Sinsheimer, J. S., **Del Re, A. C.**, Gelman, B., Morgello, S., Moore, D. J. & Levine, A. J. (2013). Apolipoprotein-E genotype and human immunodeficiency virus-associated neurocognitive disorder: Modulating effects of older age and disease severity. *Neurobehavioral HIV Medicine*.
13. Baardseth, T. P., Goldberg, S. B., Pace, B. T., Minami, T., Wislocki, A. P., Frost, N. D., Siddiqui, J. R., Lindemann, A. M., Kivlighan, D. M., **Del Re, A. C.**, Laska, K. M. & Wampold, B. E. (2013). Cognitive-Behavioral Therapy versus Other Therapies: Redux. *Clinical Psychology Review*.
12. **Del Re, A. C.**, Flückiger, C., Wampold, B. E. & Horvath, A. O. (2012). Therapist effects in the alliance-outcome relationship: A restricted maximum likelihood meta-analysis. *Clinical Psychology Review*, 32, 642-649.  
doi:10.1016/j.cpr.2012.07.002
11. **Del Re, A. C.**, Flückiger, C., Goldberg, S. & Hoyt W. T. (2012). Monitoring Mindfulness Practice Quality: An Important Consideration in Mindfulness Practice. *Psychotherapy Research*, 23(1), 54-66.  
doi:10.1080/10503307.2012.729275
10. Flückiger, C., **Del Re, A. C.**, Wampold, B. E. & Horvath, A. O. (2012). The therapeutic alliance in the context of empirically supported treatments: A longitudinal meta-analysis. *Journal of Counseling Psychology*, 59(1), 10-17.  
doi:10.1037/a0025749
9. Horvath, A.O., **Del Re, A. C.**, Flückiger, C. & Symonds, D. (2012). L'alleanza nella psicoterapia individuale. In J. C. Norcross' *Quando la relazione psicoterapeutica funziona*. Via Leon Pancaldo, Roma: Sovera Edizioni.
8. Wampold, B. E., Budge, S. L., Laska, K. M., **Del Re, A. C.**, Baardseth, T. P., Flückiger, C., Minami, T., Kivlighan, M. & Gunn, W. (2011). Evidence-based treatments for depression and anxiety versus 'treatment as usual.' *Psychotherapy in Australia*, 18(4), 68-77.

Availability:

[http://search.informit.com.au/documentSummary;  
dn=736588228547253;res=IELHEA](http://search.informit.com.au/documentSummary;dn=736588228547253;res=IELHEA) ISSN: 1323-0921.

7. Thames, A. D., Panos, S., **Del Re, A. C.**, Schembari, B., Levine, A. J., Castellon, S. A., & Hinkin, C. H. (2011). Longitudinal Changes in Medication Adherence Among HIV-Infected Adults: A Hierarchical Linear Modeling Approach. *Clinical Neuropsychologist*, 25(4), 570-570.
6. Horvath, A.O., **Del Re, A. C.**, Flückiger, C. & Symonds, D. (2011). The alliance. In J. C. Norcross' *Psychotherapy relationships that work*. New York, NY: Oxford University Press.
5. Horvath, A.O., **Del Re, A. C.**, Flückiger, C. & Symonds, D. (2011). The working alliance in psychotherapy *Psychotherapy Research*.
4. Flückiger, C., **Del Re, A. C.**, Znoj, H., Wampold, B. E, Järg, U. & Caspar, F. (2011). Valuing patient's perspective and the effects on the therapeutic alliance: A randomized controlled adjunctive instruction. *Journal of Counseling Psychology*.
3. Wampold, B. E., Budge, S. L., Laska, K. M., **Del Re, A. C.**, Baardseth, T. P., Flückiger, C., Kivlighan, M. & Gunn, W. (2011). Evidence-based treatments for depression and anxiety: Are they more effective than treatment-as-usual? *Clinical Psychology Review*.
2. Horvath, A.O., **Del Re, A. C.**, Flückiger, C. & Symonds, D. (2010). Alliance in individual psychotherapy. In J. C. Norcross (Eds.), *Evidence-Based Therapy Relationships (Vol. National Registry of Evidence-based Programs and Practices pp. 3)*. Available from <http://www.nrepp.samhsa.gov/Norcross.aspx>
1. Wampold, B. E., Imel, Z. E., Laska, K. M., Benish, S. G., Miller, S. D., Flückiger, C., **Del Re, A. C.**, Baardseth, T. P. & Budge, S. (2010). Determining what works in the treatment of PTSD. *Clinical Psychology Review*, 30(8), 923-933.  
doi:10.1016/j.cpr.2010.06.005

## STATISTICAL SOFTWARE

6. **Del Re, A. C.** (2013). RcmdrPlugin.MA: Graphical User Interface for Meta-Analysis in R.  
<http://cran.r-project.org/web/packages/RcmdrPlugin.MA>
5. **Del Re, A. C.** (2011). compute.es: Compute Effect Sizes.  
<http://CRAN.R-project.org/package=compute.es>

4. **Del Re, A. C.** & Hoyt, W. T. (2010). MAc: Meta-Analysis with Correlations.  
<http://CRAN.R-project.org/package=MAc>
3. **Del Re, A. C.** & Hoyt, W. T. (2011). MAd: Meta-Analysis with Mean Differences.  
<http://CRAN.R-project.org/package=MAd>
2. **Del Re, A. C.** (2010). RcmdrPlugin.MAc: Meta-Analysis with Correlations (MAc) Rcmdr Plug-in. [*Depricated*]
1. **Del Re, A. C.** (2011). RcmdrPlugin.MAd: Meta-Analysis with Mean Differences (MAd) Rcmdr Plug-in. [*Depricated*]

SUBMITTED  
MANUSCRIPTS

4. Hoyt, W. T. & **Del Re, A. C.** (*revise*). Comparison of methods for aggregating dependent effect sizes in meta-analysis. *Research Synthesis Methods*.
3. Boden, M., Babson, K. A., **Del Re, A. C.** & Bonn-Miller (*in submission*). The Comorbidity of Sleep Apnea and Medical Disorders among Obese Military Veterans.
2. Hoyt, W. T., **Del Re, A. C.** & Larson, D. O. (*revise*). The efficacy of grief treatment revisited: A meta-analysis. *Psychology Bulletin*
1. Panos, S.E., Hinkin, C.H., Singer, E.J., Thames, A.D., Patel, S., Sinsheimer, J.S., **Del Re, A. C.**, Valdes-Sueiras, M., Levine, A.J. (*submitted*). Older age and disease severity augment the effect of APOE on cognitive functioning in HIV+ adults. *Journal of Neurovirology*.

WEB  
APPLICATIONS

5. **Del Re, A. C.** (2015). Budget for VHA Grants: Calculate salary needs. Developed in R Shiny. [[link](#)]
4. **Del Re, A. C.** (2015). Mental Health Provider Survey for VHA. Developed in Microsoft's Report Builder.
3. **Del Re, A. C.** (2015). Veteran Satisfaction for VHA. Developed in Microsoft's Report Builder.
2. Baldwin, S. A. & **Del Re, A. C.** (2015). Open Access Family Therapy Meta-Analysis Web Applications in R. Developed in R Shiny. [[link](#)]

1. Baldwin, S. A. & **Del Re, A. C.** (2015). Open Access Working Alliance Meta-Analysis Web Applications in R. Developed in R Shiny. [[link](#)]

## WORKSHOPS

7. **Del Re, A. C.** (2017, May). Meta-analysis for psychology researchers: A practical application of meta-analytic procedures in R. *Invited 2-day workshop at the University of Zurich, Zurich, Switzerland.*
6. **Del Re, A. C.** (2013, May). Meta-analysis for psychotherapy researchers: A practical application of basic and advanced meta-analytic procedures using the graphical user interface for meta-analysis in R. *Invited 2-day workshop at the University of Zurich, Zurich, Switzerland.*
5. **Del Re, A. C.** (2012, June). Meta-analysis for psychotherapy researchers: A practical application of basic and advanced meta-analytic methods. *Pre-conference workshop at the Society for Psychotherapy Research, Virginia, USA.*
4. **Del Re, A. C.** (2011, September). Introduction to meta-analysis for psychology researchers: A practical application of basic and advanced meta-analytic procedures. *Invited half-day workshop at the University of Louisville, Louisville, KY.*
3. **Del Re, A. C.** (2011, September). Meta-analysis for psychology researchers: A practical application using the MAd meta-analysis package in R. *Invited half-day workshop at the University of Wisconsin-Madison, Madison, WI.*
2. **Del Re, A. C.** (2011, September). Introduction to meta-analysis for psychology researchers: A practical application using the MAd meta-analysis package in R. *Invited half-day workshop at the University of Wisconsin-Madison, Madison, WI.*
1. **Del Re, A. C.** & Flückiger, C. (2011, June). Meta-analysis for psychotherapy researchers: A practical application of basic and advanced meta-analytic procedures. *Pre-conference workshop at the Society for Psychotherapy Research, Bern, Switzerland.*

## PRESENTATIONS



32. Horvath, A. O., **Del Re, A. C.**, Flückiger, C. (2016, June). Integration across professional domains: The helping relationship. *Presented at the Society for the Exploration of Psychotherapy Integration. Trinity College, Dublin, Ireland.*
31. Harris, A.H.S., Bowe, T., **Del Re, A. C.**, Finlay, A.K., Oliva, E., Rubinsky, A. (2014, October). Quasi-Experimental Effects of Extended Release Naltrexone in US Veteran Health Administration Patients with Alcohol Use Disorders. *Paper presented at the Addiction Health Services Research Conference, Boston, MA, USA.*
30. Hoyt, W. T., **Del Re, A. C.**, Larson, D. (2013, July). Effects of analytic choices on conclusions in meta-analysis. *Poster at American Psychological Association annual conference, Honolulu, HI, USA.*
29. **Del Re, A. C.**. (2013, May). Enhancing positive outcomes in psychotherapy: The patient and provider contribution. *Guest colloquium at University of Zurich, Zurich, Switzerland.*
28. **Del Re, A. C.**, & Finney, J. (2012, June). Placebo group improvement in trials of pharmacotherapies for alcohol use disorders: A multivariate meta-analysis examining change over time. *Symposium at the Society for Psychotherapy Research, Virginia Beach, VA, USA.*
27. **Del Re, A. C.**, & Finney, J. (2012, June). Placebo group improvement in trials of pharmacotherapies for alcohol use disorders: A multivariate meta-analysis examining change over time. *Poster at Research Society on Alcoholism, San Francisco, CA, USA.*
26. Panos, S. E., Hinkin, C.H., Thames, A.D., **Del Re, A. C.**, Patel, S.M., Valdes-Sueiras, M., Mathisen, G., Donovan, S., Singer, E.J., & Levine, A. J. (2012). Longitudinal effects of APOE e4 on HIV-Associated Neurocognitive Dysfunction. *Poster presented at the Annual Meeting of the International Neuropsychological Society.*
25. Panos, S. E., Hinkin, C.H., Thames, A.D., **Del Re, A. C.**, Patel, S.M., Valdes-Sueiras, M., Mathisen, G., Donovan, S., Singer, E.J., & Levine, A. J. (2012). Cross-section effects of APOE E4 by Discrete Neurocognitive Domain. *Poster presented at the 40th Annual Conference of the International Neuropsychological Society.*
24. **Del Re, A. C.**, Flückiger, C., Horvath, A. O., Hoyt, W. T., & Symonds, D. (2011, June). Methods in meta-analyses: Handling within-study dependencies at the moderator level. *Symposium at the Society for Psychotherapy Research, Bern, Switzerland.*

23. Flückiger, C., **Del Re, A. C.**, Horvath, A. O., & Symonds, D. (2011, June). Treatment and Design as Moderators of the Relationship of the Alliance and Outcome: A Multilevel Longitudinal Meta Analysis. *Symposium at the Society for Psychotherapy Research, Berne, Switzerland.*
22. Horvath, A. O., **Del Re, A. C.**, Flückiger, C., & Symonds, D. (2011, June). The complex world of alliance assessments: Will the real alliance please stand up? *Symposium at the Society for Psychotherapy Research, Berne, Switzerland.*
21. **Del Re, A. C.**, Hoyt, W. T. (2011, June). A New Look at the Evidence: Grief Counseling is Effective. *9th International Conference on Grief and Bereavement in Contemporary Society, Miami, FL, USA.*
20. Thames, A.D., Panos, S., **Del Re, A. C.**, Schembari, B., Levine, A.J., Castellon, S.A. & Hinkin, C.H. (2011, June). Longitudinal Changes in Medication Adherence among HIV-Infected Adults: A Hierarchical Linear Modeling Approach. *Presented at the 2011 annual meeting of the American Academy of Clinical Neuropsychology, Washington DC, USA.*
19. Panos, S. E., **Del Re, A. C.**, Thames A. D., Levine, A. J., Streiff, V., Castellon, S., & Hinkin, C. H. (2011, June). Predictors of longitudinal medication adherence: Evidence from an integrative model. *Poster presented at the 9th annual meeting of the American Academy of Clinical Neuropsychology, Washington, DC.* Abstract in *The Clinical Neuropsychologist*, 25(4), p. 556.
18. **Del Re, A. C.** (2011, March). Therapist effects in the alliance/outcome relationship: A restricted maximum likelihood meta-analysis. *Grand Rounds presentation at Long Beach VAHCS, Long Beach, CA, USA.*
17. **Del Re, A. C.** (2011, March). Mindfulness practices for VA patients and treatment providers. *In-service presentation for Long Beach VAHCS medical and clinical staff, Long Beach, CA, USA.*
16. **Del Re, A. C.**, Flückiger, C., Horvath, A. O.,& Symonds, D. (2010, June). Therapist effects in the alliance/outcome relationship: A meta-analysis. *Symposium at the Society for Psychotherapy Research, Asilomar, CA, USA.*
15. Flückiger, C., **Del Re, A. C.**, Horvath, A. O.,& Symonds, D. (2010, June). The Relation of the alliance and outcome: An international perspective. *Symposium at the Society for Psychotherapy Research, Asilomar, CA, USA.*

14. Horvath, A. O., **Del Re, A. C.**, Flückiger, C., & Symonds, D. (2010, June). The Therapeutic Alliance. *Symposium at the Society for Psychotherapy Research, Asilomar, CA, USA.*
13. Baardseth, T., & **Del Re, A. C.** (2010, June). The relative efficacy of psychotherapeutic treatments for anxiety disorders. *Symposium at the Society for Psychotherapy Research, Asilomar, CA, USA.*
12. Horvath, A. O., **Del Re, A. C.**, Flückiger, C., & Symonds, D. (2010, June). Alliance Research 1976-2010. *Invited Address at the University do Minho (Braga, Portugal).*
11. Flückiger, C., Znoj, H., Caspar, H, **Del Re, A. C.** (2010, June). Developing the therapeutic relationship - A randomized controlled process-study. *Paper presentation at the International Federation for Psychotherapy World Congress, KKL Lucerne, Switzerland.*
10. **Del Re, A. C.** (2010, March). Self-awareness and ethical decision-making. *Invited lecture to ethics course for doctoral counseling psychology program at University of Wisconsin-Madison, Madison, WI, USA.*
9. **Del Re, A. C.** (2010, February). Self-awareness and ethical decision-making. *Invited lecture to ethics course for doctoral counseling psychology program at University of Wisconsin-Madison, Madison, WI, USA.*
8. **Del Re, A. C.** (2010, January). Self-awareness and ethical decision-making. *Invited lecture to ethics course for doctoral counseling psychology program at University of Wisconsin-Madison, Madison, WI, USA.*
7. **Del Re, A. C.** (2008, November). Mindfulness techniques for stress reduction. *Invited presentation for School of Veterinary Medicine at University of Wisconsin-Madison, Madison, WI, USA.*
6. **Del Re, A. C.** (2008, October). The art of forgiveness through mindfulness meditation. *Presentation at the University of Wisconsin Paul P. Carbone Comprehensive Cancer Centers Seventh Annual Symposium, Advances in Multidisciplinary Cancer Care, Madison, WI, USA.*
5. **Del Re, A. C.** (2008, April). Coping with stress as a student of veterinary medicine. *Invited presentation for School of Veterinary Medicine at University of Wisconsin-Madison, Madison, Wisconsin.*
4. **Del Re, A. C.** (2008, March). Integrating awareness and ethics in psychology. *Invited lecture to ethics course for doctoral counseling*

*psychology program at University of Wisconsin-Madison, Madison, WI, USA.*

3. **Del Re, A. C.** (2008, February). Empirical support for Mindfulness-Based Stress Reduction. *Invited lecture to ethics course for doctoral counseling psychology program at University of Wisconsin-Madison, Madison, Wisconsin.*
2. **Del Re, A. C.** (2008, January). Why self-awareness is important for ethical decision-making. *Invited lecture to ethics course for doctoral counseling psychology program at University of Wisconsin-Madison, Madison, WI, USA.*
1. **Del Re, A. C.**, Clark, L. L., Dvorscek, M. J., Estrada, Y., Gloria, A. M., Howard, C. M., Killinger, S. L., Lin, M. M., & Siewert, J. J. (2006, April). Doctoral students perceptions of support in APA-accredited counseling psychology programs: An exploratory study. *Paper presented at the meeting of the Great Lakes Regional Counseling Psychology Conference, West Lafayette, IN, USA.*

#### MEDIA INTERVIEWS

1. **Del Re, A. C.** (2013, June). Win the War in Your Belly. Fight back against microscopic marauders sabotaging your weight-loss efforts. *Mens Health Magazine*. <http://www.menshealth.com/weight-loss/win-war-gut>.

#### PROFESSIONAL ACTIVITIES

##### Peer Review (**publons**)

- **Co-editor for Special Section on Meta-Analysis in Psychotherapy Research (2017-2018)**
- **Advisory Editorial Board of Psychotherapy Research (2016 - 2019)**
- **Ad Hoc Reviewer (2010 - )**
  - Clinical Psychology Review
  - Preventive Medicine
  - BMC Psychiatry
  - Journal of Counseling Psychology
  - Addiction
  - Behavior Research Methods
  - Psychotherapy Research
  - Group Dynamics
  - Methods in Ecology and Evolution
  - The Quantitative Methods for Psychology

TEACHING  
EXPERIENCE

**University of Wisconsin-Madison, Counseling Psychology Department**

*Teaching Assistant/Lab Instructor*

- Meta-Analysis in the Social Sciences Summer 2009 & 2010
  - Weekly guest lecturer and lab instructor for doctoral students learning fundamental procedures for conducting fixed- and random-effects meta-analyses.
  - Co-created statistical programs, files, scripts, and syntax in R, excel, and SPSS to assist students in conducting their meta-analysis projects.
  - Supervisor: William T. Hoyt, PhD
- Multiple Regression and Correlation Fall 2009
  - Weekly guest lecturer and lab instructor for regression methods to doctoral students in the social sciences.
  - Co-created statistical programs, files, scripts, and syntax in R, excel, and SPSS used for learning MR/C formulas and analyzing data sets .
  - Supervisor: William T. Hoyt, PhD
- Theory and Practice of Interviewing 2006 & 2007
  - Created syllabus and provided instruction to advanced undergraduates in interviewing, communication, and counseling theory and skills.
  - Supervisors: Alberta Gloria, PhD; Teresa Bear, PhD

**University of Wisconsin-Madison, School of Veterinary Medicine**

*Teaching Assistant/Lab Instructor*

- Art of Clinical Communication Fall 2008
  - Co-taught, with a psychologist and veterinarian, a communication skills course designed to assist advanced veterinary students effectively manage interpersonal communication with clients.
  - Supervisor: Corissa Lotta, PhD; Ruthanne Chun, DVM

CLINICAL  
EXPERIENCE

**VA Long Beach Healthcare System**, Long Beach, California (*40 hours/wk*)

*Pre-doctoral internship*

August 2010 to August 2011

- Conducted psychological assessments and individual and group psychotherapy with military veterans in five specialized rotations: *PTSD & Mindfulness, Home-Based Primary Care, Spinal Cord Injury, Smoking Cessation & Weight Loss, and Neuropsychology.*
- Supervisors: John Huang, PhD; Angela Lau, PhD; Barry Rabin, PhD; Linda Mona, PhD; Jeffery Webster, PhD

**Waisman Laboratory for Brain Imaging and Behavior**  
**William S. Middleton Memorial VA Medical Center**  
**UW Health, Integrative Medicine, Madison, Wisconsin (5 hours/wk)**

*Mindfulness in Psychotherapy and Research Practicum* September  
2007 to May 2010

- Co-facilitated Mindfulness-Based Cognitive Therapy and Mindfulness-Based Stress Reduction groups with a medically-based outpatient population.
- Created a practice quality measure, now added as a standard clinical measure at UW Integrative Medicine.
- Supervisors: Donal MacCoon, PhD; Carmen Alonso, PhD; Katherine Bonus, MA

**UW Madison School of Veterinary Medicine, Madison, Wisconsin**  
*(8 hours/wk)*

*Advanced Practicum* September 2008 to May 2009

- Provided individual therapy to veterinary students and support for veterinary hospital clients. Clinical work involved short-term grief counseling, decision-making assistance around euthanasia, and anxiety management.
- Co-led weekly clinical communication rounds for oncology staff in the veterinary hospital and acted as a consultant for interpersonal concerns that emerged with clients in day-to-day clinical work.
- Supervisor: Corissa Lotta, PhD

**UW Madison Counseling Psychological Training Clinic, Madison, Wisconsin**  
*(8 hours/wk)*

*Assistant Director* September 2008 to May 2009

- Assisted in the organizing and promoting of a new psychotherapy training clinic for the department of counseling psychology.
- Created clinic brochure, intake forms, and assisted in selection of outcome systems for tracking client progress in therapy.
- Supervisor: Teresa Bear, PhD

*Supervisor-in-Training* Spring 2008

- Provided weekly individual and group supervision focused on the clinical and professional development of first year Masters students in Counseling Psychology.
- Supervisor: Mary Lee Nelson, PhD

*Group Practicum Counselor* Spring 2007

- Led a weekly interpersonal process group composed of undergraduate students.
- Supervisor: William Hoyt, PhD

**Wisconsin Psychiatric Institute and Clinics**, Madison, Wisconsin (*20 hours/wk*)

*Foundational Practicum* September 2006 to August 2007

- Conducted weekly intakes, individual therapy, and facilitated a Dialectical Behavioral Therapy Group with an outpatient psychiatric population.
- Supervisor: Alan Gurman, PhD; Pauline Thome, PhD

**Turquoise Lodge Alcohol and Drug Treatment Hospital**, Madison, Wisconsin (*20 hours/wk*)

*Masters-level Internship* 2004

- Administered ASI assessments and conducted weekly individual and group therapy in an inpatient drug and alcohol treatment hospital with a diverse adult population.
- Supervisor: Gene Coffield, PhD

RELATED  
PROFESSIONAL  
EXPERIENCE

**Body Evolution**, Santa Fe, New Mexico (*30 hours/wk*)

*Personal Fitness Trainer (Self-Employed)* May 1998 to May 2002

- Created and ran a personal fitness training and nutrition consultation business.
- Conducted individual and group health training sessions with an integrated mind and body focus, tailored to clients personal goals.
- Competed in and won several bodybuilding competitions, including Mid-USA & New Mexico titles.

**Basic Rights New Mexico**, Santa Fe, New Mexico (*5 hours/wk*)

*Human Rights Advocate* May 2003 to May 2004

- Involved in political campaign planning and advocacy work to uphold the New Mexico anti-discrimination laws for the lesbian, gay, bisexual, and transgendered community.

ADDITIONAL  
EDUCATION

- Python: Intermediate Training, *pluralsight.com*, 2017, 12 hour Web Training.
- Python: Beginner Training, *pluralsight.com*, 2017, 8 hour Web Training.
- Querying Microsoft SQL Server 2014, *360Training.com*, 2016, 40 hour Live Web Training.

- SAS SQL 1: Essentials, *SAS Institute, 2013*, Live Web Training.
- SAS Statistical Programming 1: Essentials, *SAS Institute, 2012*, San Francisco, CA.
- SAS Statistical Programming 2, *SAS Institute, 2012*, San Francisco, CA.
- Workshop: Multi-level modeling using the lme4 package for the R statistical software program, *2010 UserR International Conference*, Gaithersburg, Maryland.
- Workshop: A crash course in efficient R programming, *2010 UserR International Conference*, Gaithersburg, Maryland.
- Workshop: Introduction to the R Statistical Computing Environment (2-day intensive), Madison, Wisconsin.
- Professional training in Acceptance and Commitment Therapy (2-day intensive), Nashville, Tennessee.
- Professional training in Mindfulness-Based Cognitive Therapy (5-day intensive), Rhinebeck, New York.
- Professional training in Mindfulness-Based Stress Reduction (7-day intensive), Watsonville, California.
- Professional training in Dialectical Behavioral Therapy, Madison, Wisconsin.

#### AWARDS

- **APA Division 17 Outstanding Graduate Student Award** nominee
- **Rothney Award** for doctoral research
- **Advanced Opportunity Fellowship** for doctoral studies

#### PROFESSIONAL AFFILIATIONS

- American Psychological Association - Division 5 (Evaluation, Measurement, & Statistics)
- Society for Psychotherapy Research